

## SBIRT Proficiency Checklist

Taken directly from the SBIRT Proficiency Checklist Validation Study (PERU, 2014)

Pringle, J.L., Kowalchuck, A., Meyers, J.A., Seale, J.P. (2012). Equipping residents to address alcohol and drug abuse: The national SBIRT residency training project. *Journal of Graduate Medical Education*, 4(1), 58-63.

### SBIRT Short-Form Proficiency Checklist- Clinical Version

Screening (3 items)	Present	Not Present
Practitioner accurately assesses quantity & frequency of alcohol and/or drug use.	<input type="checkbox"/>	<input type="checkbox"/>
Practitioner accurately identifies the patient's level of risk related to their alcohol or drug use using an appropriate evidence-based screening instrument.	<input type="checkbox"/>	<input type="checkbox"/>
Practitioner assesses possible consequences of the patient's behavior, such as physical, psychosocial and other consequences.	<input type="checkbox"/>	<input type="checkbox"/>

#### Comments:

Brief Intervention (4 items)	Present	Not Present
Practitioner asks permission to provide feedback about the patient's substance use.	<input type="checkbox"/>	<input type="checkbox"/>
Practitioner uses reflection and/or open-ended questions to allow patient to react to screening result.	<input type="checkbox"/>	<input type="checkbox"/>
Practitioner provides feedback about the risks associated with patient's substance use behavior.	<input type="checkbox"/>	<input type="checkbox"/>
Practitioner negotiates a goal with the patient based on steps he/she is willing to take.	<input type="checkbox"/>	<input type="checkbox"/>

#### Comments:

	<b>Present</b>	<b>Not Present</b>
<b>Referral to Treatment</b> (2 items)		
Practitioner recognizes the patient's need for substance treatment based on their screening score and/or medical/behavioral factors.	<input type="checkbox"/>	<input type="checkbox"/>
Practitioner suggests the use of specific community and specialty resources.	<input type="checkbox"/>	<input type="checkbox"/>

**Comments:**

	<b>Present</b>	<b>Not Present</b>
<b>Follow-Up</b> (1 item)		
Practitioner arranges appropriate follow-up (MD follow-up, referral to treatment, counseling, medication, etc.).	<input type="checkbox"/>	<input type="checkbox"/>

**Comments:**

	<b>Present</b>	<b>Not Present</b>
<b>Motivational Interviewing Spirit</b> (3 items)		
Practitioner summarizes patient's stated reasons for change	<input type="checkbox"/>	<input type="checkbox"/>
Practitioner negotiates a treatment plan in a collaborative manner	<input type="checkbox"/>	<input type="checkbox"/>
Practitioner affirms the patient's strengths, ideas &/or successes.	<input type="checkbox"/>	<input type="checkbox"/>

**Comments:**